

Food for Harlem is a resource guide *for you* to find where you can get healthy, affordable food in your neighborhood





= Pantry



= Kitchen



= Market





= Community Fridge



= Educational

Abyssinian Baptist Church 132 Odell Clark Pl Tuesday: 10AM-6PM

Chambers Memorial Baptist Church 219 East 123rd St Wednesday-Friday: 10AM-3PM

Harlem 252 W 116th St Tuesday-Saturday: 10AM-6PM

Community Kitchen West

African Services Committee 429 W 127th St Monday-Friday: 9AM-5PM

Christ Temple of the Apostolic Faith 13-17 W 128th St

Friday: 2PM-3PM

Department of Probation Manhattan Office 127 W 127th St Monday-Friday: 9AM-5PM

All Saints RC Church 47 E 129th St Saturday: 8:30AM-10:30AM

Church of Annunciation 88 Convent Ave Tuesday: 1PM-2PM

DreamCenterNYC - Kings Houses 1390 5th Ave Friday: 4:30PM-5PM

Antioch Outreach 41 W 124th St Saturday: 8:30AM-10:30AM Church of Notre Dame 405 W 114th St Tuesday: 2PM-4PM

Emmanuel AME Church 37-41 W 119th St Wednesday: 11:30AM-12:30PM

BROSIS Green Youth Market W 143rd St & Amsterdam Ave

Cloth - Food Distribution Center 500 W 159th St Wednesday+Saturday:9AM-1PM

Emmaus House Inc 160 W 120th St Wednesday: 9AM-12PM

Bailey House Inc. Adult & Family 1751 Park Ave Wednesday+Friday: 12PM-

1:30PM

Common Pantry 8 E 109th St

Faces NY Inc 123 W 115th St Thursday: 10AM-1PM

Bethel AME Church 50-60 West 132nd St Thursday: 9:30AM-11:30AM Communities for Healthy Food at West Harlem 625 Malcolm X Blvd

Family Integration Ministry **Food Pantry** 1875 Amsterdam Ave

First Corinthian Baptist Church 1912 Adam Clayton Powell Jr Blvd

Friday: 1PM-3PM, Saturday: 10AM-12PM

Harlem Grown 127 W 127th St Iris House West Side (Fresh Market)
2348 7th Ave
Wednesday: 12PM-2PM

Food Bank for NYC
(Community Kitchen)
252 W 116th St
Monday-Friday: 4PM-6PM

Harlem Harvest People's

Market
219 W 122nd St

Iris House West Side (Pantry)
2348 7th Ave
Thursday: 10AM-12PM

Food Bank for NYC
(Pantry)
252 W 116th St
Tuesday,Thursday: 11AM3:30PM, Wednesday: 12PM6PM, Saturday: 11AM-2PM

Harvest of Souls 13-15 E 125th St Friday: 10AM-12PM Little Sisters of the
Assumption
333 E 115th St
Tuesday, Thursday, Friday:
9AM-11AM, 1PM-3PM

Franciscan Community
Center at Holy Name
207 W 96th St
Monday: 1PM-4PM

Housing and Services Inc 206-210 W 118th St Monday-Friday: 9AM-5PM of God
340 E 106th St
Tuesday, Wednesday: 8AM-1PM
Friday: 9AM-11AM

Good Neighbor Presbyterian
Church
115 E 106th St
Thursday: 8:30AM-10:30AM

Iglesia Pentecostal El Maestro 307 W 116th St Wednesday, Thursday: 2:30PM-3PM

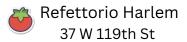
Mt. Olivet Baptist Church
Community Meals
201 Lenox Ave
Tuesday, Wednesday: 10:30AM11:30AM

Harlem Community
Nutritional Pantry
132 W 125th St
Monday-Friday: 10AM-2PM

Iris House Eastside 2271 2nd Ave Tuesday, Thursday: 2PM-4PM Mt. Zion AME Church Outreach Programs 1765 Madison Ave Friday: 10AM-11AM

Harlem Dowling West Side Center 2090 Adam Clayton Powell Jr Blvd Monday: 12PM-2PM

Monday: 12PM-2PM Friday: 2PM-4PM Iris House West Side (Soup Kitchen) 2348 7th Ave Tuesday-Friday: 12PM-1:30PM Project Create - Anthony
House
73 Lenox Ave
Wednesday: 10AM-12PM



Samuel's Temple Church of
God in Christ
75 E 125th St
Friday: 2PM-6PM

St. Mary's Episcopal Church
(Pantry)
521 W 126th St
Monday: 4:30PM-6PM

Roxbury Farm CSA - Central
Harlem
2363 Adam Clayton Powell Jr
Blvd
Thursday: 4PM-7PM

Shiloh Church of Christ 5-7 W 128th St Thursday: 12PM-2PM St. Michael's Church 225 W 99th St Saturday: 12PM-2PM

Roxbury Farm CSA Renaissance/ Kalahari Apts.
130 Malcolm X Blvd
Thursday afternoons

St. Cecilia's Parish Services 125 E 105th St Wednesday: 9:30AM-11PM The Riverside Church FP 91 Claremont Ave Tuesday-Friday: 9:30AM-1PM

Rusty Staub Food Pantry
34 W 134th St
Monday: 12PM-4PM

St. Charles Borromeo Food
Pantry
211 W 141st St
Saturday: 9:30AM-11:30AM

The Salvation Army
Manhattan Citadel
175 E 125th St
Tuesday-Thursday: 9AM-4PM

Safe Horizon Streetwork
Project
209 W 125th St
Monday-Friday: 12PM-5PM

St. Joseph of the Holy Family 405 W 125th St Saturday: 8AM-12PM United Yes We Can - Unidos
Si Se Puede
2383 2nd Ave

Salem United Methodist
Church
2190 Adam Clayton Powell Jr
Blvd
Friday: 11AM-1PM

St. Mark the Evangelist Church 65 W 138th St Saturday: 10AM-11AM, 12PM-1PM

Uptown Good Food 330 St Nicholas Ave Pickup: Spring-Fall

Salvation Army Harlem
Temple
540 Lenox Ave
Monday-Friday: 9:30AM3:30PM

St. Mary's Episcopal Church
(Soup Kitchen)
521 W 126th St
Saturday: 10AM-11:30AM

West Harlem Community
Fridge
521 W 126th St
Instagram: @fridgeonw126th



For a map view and more information visit our site at **bit.ly/3EVceDs** or scan the QR code

